Things to consider when you *Have the Talk of a Lifetime®* and before you talk to a funeral professional about pre-planning.

- How do you want to be remembered?
  - Are you a lifelong volunteer?
  - Did you serve in the armed forces?
  - Are there hobbies that helped define you as a person?

- Was there a defining moment in your life that you believe formed who you are?

- What would you like at your memorial service that you might not see at another service?

- How would you like your loved ones to celebrate your life when you die?

- Do you have a favorite charity you would like people to donate to in your honor?

- Who will handle your financials, insurance and other official documents?
  - Does that individual know where this information is?

- What is your favorite (or least favorite) color?

- Would you like anyone in particular to speak at your memorial service?
  - What part of your life would they speak about?

- What would your theme song be?
  - Is there specific music you’d like played at your service?

- Who had the biggest influence in your life?
  - Is there a way you’d like to honor that person?

- Where would you like the service to be held?

- Do you want a religious or non-religious ceremony?

- Flowers often play an important role in memorialization.
  - What is your favorite flower?
  - What is your least favorite flower?

- Do you want to be buried or cremated?
  - What type of casket?
  - How do you want your cremated remains to be handled?
  - Where do you want your final resting place to be?

- Do you want a headstone marker?
  - What would you like it to say?
  - What about the color and material?

When we die, we want to be remembered in our own way. That’s why it is so important to *Have the Talk of a Lifetime* and let your loved ones know exactly how you want to be remembered. Having this conversation now will significantly reduce the stress for loved ones when it comes time to make service arrangements.